

# money tending :: menu

EARLY BETA

groundwork	plants	tending	harvesting
<p>the foundation, what nourishes all our efforts</p> <p><i>attitudes, identity, stories, definitions, beliefs</i></p>	<p>how we earn the money</p> <p><i>our choices for time, efforts, priorities, obligations</i></p>	<p>how we take care of our efforts and the money</p> <p><i>monitoring, adjusting as needed, routing, giving attention to, appreciating</i></p>	<p>how we utilize the money</p> <p><i>to survive and thrive, live our values</i></p>
<p>explore and reframe:</p> <p><i>definition of money</i></p> <p><i>lessons as a child</i></p> <p><i>people with money / no money</i></p> <p><i>scarcity v. enough v. abundance</i></p> <p><i>attitudes</i></p> <p><i>self-talk with money</i></p> <p><i>speech patterns</i></p> <p><i>my ability to do taxes</i></p> <p><i>stories around taxes</i></p> <p>read about money</p> <p>find role models</p> <p>talk/ask about it</p> <p>define now point of view</p> <p>be in the flow</p> <p>feng shui or crystals</p> <p>listen to podcasts</p> <p>join a newsletter</p> <p>talk to therapist, get a coach</p>	<p>services - paid</p> <p>work - unpaid</p> <p>mix of work</p> <p>types of clients</p> <p>specialty</p> <p>assess - job description</p> <p>work math</p> <p>weeks per year</p> <p>hours per week</p> <p>(build in time for non-billable)</p> <p>habits in place</p> <p>build in buffer for cancelations/sick days</p> <p>price list / fee schedule</p> <p>additional fees</p> <p>define as part of job description</p> <p>raise 1x per year</p>	<p>monitor bank accounts</p> <p>pay bills - in a way that's easy and feels good</p> <p>get tools that you enjoy</p> <p>set up accounts to make tending easier</p> <p><i>biz checking</i></p> <p><i>biz savings for taxes</i></p> <p><i>personal account</i></p> <p><i>house accounts</i></p> <p>tax fundamentals</p> <p>work time on calendar</p> <p>method for taxes</p> <p><i>set up income tracking</i></p> <p><i>set up expense tracking</i></p> <p><i>due dates on calendar</i></p> <p>big picture check-ins</p> <p>review numbers, make changes if needed</p>	<p>know your paycheck needs</p> <p>make list of bills</p> <p>know your regular needs to thrive</p> <p>what are some big desires? Cost?</p> <p>values - list, how can money support?</p> <p>savings accounts for goals</p> <p>retirement</p> <p>investments</p> <p>charitable giving</p> <p>travel</p> <p>be in the flow</p>