

♥ my thriving plan for _____

BETA

values + drivers

mix of work

monthly routines

dream week schedule

sun	mon	tue	wed	thu	fri	sat
sun	mon	tue	wed	thu	fri	sat

a

b

paycheck

min \$

great \$

ideal \$

per

self-care practices

hobbies

work limit / intention _____

jan	feb	mar	apr	may	jun	jul	aug	sep	oct	nov	dec

_____ wks off

_____ wks on

home life

relationships

plans + dreams

luxuries + pleasures