

# ♥ my thriving plan for \_\_\_\_\_

BETA

values + drivers

dream week schedule

sun	mon	tue	wed	thu	fri	sat
sun	mon	tue	wed	thu	fri	sat

paycheck

*min* \$

*great* \$

*ideal* \$

*per*

mix of work

self-care practices

monthly routines

hobbies

work limit / intention \_\_\_\_\_

sep	oct	nov	dec	jan	feb	mar	apr	may	jun	jul	aug

\_\_\_\_\_ wks off

\_\_\_\_\_ wks on

home life

relationships

plans + dreams

luxuries + pleasures